



Red Wing YMCA Youth Program Information: November-December

REGISTRATION FOR ALL PROGRAMS BEGIN October 8th!

SCHOOL AGE & PRESCHOOL YOUTH PROGRAMS (3 years old - 6th GRADE)

YOUTH BASKETBALL

The Y and the Red Wing Basketball Association are collaboratively leading this basketball program that combines fun and skill development.



- The Mighty Mite Kindergarten ages will meet just on Saturdays for a fun introduction to basketball skill development and games.
- Youth grades 1-4 will meet on Thursdays for a team practice and have games on Saturdays at the Y. All groups will be co-ed, Boys and Girls will practice together and be divided on evenly skilled teams.
- Each practice will be led by a volunteer coach and each basketball player will receive a personalized team Jersey!

*Contact Richard Torres rtorres@redwingymca.org to register as a coach.

SESSION DATES

Thursdays and Saturdays, November 29-February 9th

- Thursday Practice Times:
 - 5:00-6:00pm 1st-2nd Grade
 - 6:00-7:00pm 3rd-4th Grade
- Saturday Game Times:
 - Kindergarten Co-Ed 9:00-10:00am
 - 1st and 2nd Grade Co-Ed 10:00-11:00am
 - 3rd-4th Grade Co-Ed 11:00-12:00pm
- (No practices or games December 27 or 29)

TUMBLING

Beginners (ages: 3-5)

The beginner tumbling class will guide your child through creative movements. It is designed to build self-confidence, body awareness and social and motor skills while learning basic gymnastics fundamentals in a FUN environment.

Intermediate Tumblers (ages: 6-7)

The intermediate class will continue to work on the basic skills and fundamentals of gymnastics, in addition to adding more difficult acrobatics.

Advanced Tumblers (ages 7+)

The advanced class will be geared toward perfecting your child's basic gymnastics skills. We will also be challenging their body and mind to more advanced strength and acrobatic movements.

For safety purposes: Children are asked to wear a leotard, or tight fitting clothing. No socks, jewelry or earrings, and have their hair in a ponytail away from their face.

DATES AND TIMES

Mondays—register per Monthly Session

October 1st-29th

November 5th-26th

Beginners (ages: 3-5): 4:00-4:30pm; 4:30-5:00pm; 5:45-6:15pm

Intermediate/Advanced (ages: 6-7): 5:00-5:45pm

FEE:

October and November session:
\$45 Y Members/\$50 Non-Members



KARATE

The YMCA Karate Program focuses on both physical techniques and personal growth. Using both drills and games, we learn punches, kicks, breakfalls and throws, self-defense techniques, kata and sparring. Physical benefits include increased flexibility, coordination, balance and general fitness. We also work on focus, self-control, manners, confidence and respect.

The sessions are continuous throughout the year and build upon each other. However, children may join at anytime.

Sensei Sarah has been studying Karate since 2003, and teaching since 2011. She is a 2nd degree black belt in Shorin-Ryu Karate.

LOCATION: Red Wing Y

DATES AND TIME

Wednesdays, November 7th-

December 19th

4:00-5:00pm

AGES 7-12 years

**Classes are limited to 12 students so individual attention is possible.



BEFORE & AFTER SCHOOL CARE PROGRAM

Our school age child care program includes transportation from school, homework help, swim lessons, and healthy activity time. It also covers all no-school days. Children have a blast with peers while developing the YMCA core values of caring, honesty, respect, and responsibility.

LOCATION: Red Wing YMCA

DATES AND TIMES:

Monday through Friday

6-8am & 3-6pm

Contact twirkkala@redwingymca.org to register your child.

SWIMMING LESSONS (Ages 1 & Up)

SWIM LESSONS AND WHAT AGE IS BEST

PS = PRESCHOOL AGES 3-5

SA = SCHOOL AGES 5+

When registering, please choose the correct age, and level for your child.

PARENT & CHILD

Level A & B

Mondays: 6:00-6:30pm; and Tuesdays 5:55-6:25pm;

Thursdays: 5:55-6:25pm (Level B Only)

SESSION DATES: October 29—December 15

MORNING LESSONS

Wednesdays

9:30-10:00am (PS 1, 2, 3)

10:05-10:35am (PS 1, 2, 3)

Saturdays

9:00-9:30am (PS 1, 2, 3), SA 3

9:35-10:05am (PS 1, 2, 3)

9:35-10:15am SA 4

10:10-10:40am (PS 1, 2, 3)

10:20-11:00am (SA 5, 6)

10:45-11:15am (SA 1, 2, 3)

11:05-11:45am SA 4

11:20-11:50am (PS 1, 2, 3)

Mondays

4:10-4:40pm (PS 1, 2, 3), (SA 2, 3)

4:40-5:20pm SA 4

4:45-5:15pm (PS 1, 2), (SA 1, 2, 3)

5:20-5:50pm (PS 1, 2, 3)

5:25-5:55pm SA 3

5:55-6:25pm (PS 1, 2, 3), (SA 2, 3)

6:00-6:30pm Levels A & B

6:30-7:00pm (SA 1, 2, 3)

6:35-7:15pm (SA 5, 6)

Tuesdays

4:10-4:40pm (PS 1, 2), (SA 1, 2, 3)

4:45-5:15pm (PS 1, 2, 3)

4:45-5:25pm SA 4

5:20-5:50pm (SA 1, 2, 3)

5:30-6:10pm (SA 5, 6)

5:55-6:25pm Level A & B, (PS 1, 2)

6:15-6:55pm SA 4



EVENING LESSONS

Thursdays

4:10-4:40pm (PS 1, 2,3), (SA 2, 3)

4:45-5:15pm (PS 1, 2, 3)

4:45-5:25pm (SA 5, 6)

5:20-5:50pm (PS 1, 2, 3)

5:30-6:10pm SA 4

5:55-6:25pm Level B, (SA 1, 2, 3)

6:15-6:55pm (SA 5, 6)

PRIVATE LESSONS

Private lessons give participants individualized attention to help them improve or master their swimming skills at every age and ability. The instructor, participants and parents work together to determine lesson goals.

Private swim lessons are available in 1, 5 or 7 lesson packages, and can begin at any time.

For cost and other information visit us at redwingymca.org

Contact Nickie Swenson at nswenson@redwingymca.org to set up your lessons!

RED WING Y BUILDING CHECK IN PROCEDURES

The YMCA is updating its security procedures so we are asking all members and program participants to be registered in our computer system and use a key tag to enter the building. This will take a bit of work on the front end, but in the long run will make entry easier for all and ensure a safer surrounding for everyone who enjoys our YMCA.

What you need to know:

- If you are a not a member of the Y, but participating in a program you will need to complete an application.
- If you are a member of the Y, but you have family members who will be entering the facility in order to pick up a child or watch a program, those non-members will also need to register.

All paperwork will be given out as registration takes place. You will have time to complete the paperwork and return to the YMCA at least a week before the program is set to begin.

Our staff are more than happy to help you with any questions. Thank you for your time and patience as we move forward.



NO YOUTH PROGRAMS THE WEEK OF THANKSGIVING NOV. 19-24



REGISTRATIONS FOR ALL YOUTH PROGRAMS BEGINS OCTOBER 8TH

COST OF PROGRAMS

Program Fee	Y MEMBERS		NON-MEMBERS	
	EARLY BIRD FEE: October 8-23	Starting Oct. 24	EARLY BIRD FEE: October 8-23	Starting Oct. 24
Swim Lessons	\$35 Levels A & B: \$10	\$50 Levels A & B: \$25	\$55 Levels A & B: \$35	\$70 Levels A & B: \$50
Basketball	\$40 K Basketball: \$20	\$55 K Basketball: \$35	\$65 K Basketball: \$45	\$80 K Basketball: \$60
Karate	\$50	\$65	\$80	\$95

Personal Pricing Plan: The YMCA welcomes all who wish to participate and annually raises scholarship funds to help make that possible. Please let us know if we may serve you or your family in this way. Personal Price Plan applications must be received one week prior to the registration deadline in order to be considered.

HOW TO REGISTER

Registration may be done in person at the YMCA, over the phone at (651) 388-4724, online at redwingymca.org. Payment is required at the time of registration. Please contact the YMCA staff at (651) 388-4724, if you have any questions or concerns about any of our programs.

PLAN AHEAD— NEXT YOUTH SESSION REGISTRATION DATES

- JANUARY 7-FEBRUARY 23 Registration begins: December 3rd
- MARCH 11-APRIL 27 Registration begins: February 11th

SPECIAL EVENTS

FLOATING PUMPKIN PATCH

Tired of searching those dusty fields for your perfect pumpkin? Hunt for your pumpkin in the pool this year! Jump into the Lap Pool and swim for your pumpkin of choice.



DATE AND TIME

Saturday, October 13TH
1:00-2:30pm

LOCATION:

Red Wing Y Pool

COST: \$3 for Y Members, \$5 for Non-Members Family Cap of \$20

TRUNK OR TREAT

Put on your favorite costume and join the Red Wing Community as businesses & organizations set up their trunks in the spirit of Halloween! It will be a fun day with games, candy, train rides & much more!



DATE AND TIME

Saturday, October 27th
2:00-5:00pm

LOCATION:

Bay Point Park

PARENTS NIGHT OUT

Enjoy a night out while your kids enjoy games, gym time, crafts, and more! Please pack a healthy dinner or snack and a blanket or favorite stuffed friend for quiet reading time at the end of our evening.

DATES AND TIMES

Friday, November 16th, 5:00-9:00 pm
Saturday, December 15th, 1:00-5:00pm
Last minute shopping trip without the kids!

Member Fee	Non-Member Fee
1 child \$25	1 child \$35
2 children \$30	2 children \$40
3 children \$35	3 children \$45
4 children \$40	4 children \$50

BREAKFAST WITH SANTA

Create unforgettable memories with your family this holiday season and join us for a fun-filled morning including: fellowship, a delicious pancake breakfast, making a keepsake holiday ornament, and of course, SANTA! Don't forget your camera!

DATE AND TIME

Saturday, December 8th
10:00am-12:00pm

LOCATION:

Camp Pepin

COST: \$5 per person,
\$20 maximum per family



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

ACTIVE BODIES ACTIVE MINDS



FALL 2018 YOUTH PROGRAMS OCTOBER 29 - DECEMBER 15 RED WING FAMILY YMCA

434 MAIN STREET, RED WING, MN 55066
651.388.4724 / REDWINGYMCA.ORG



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